

HIM ALONE *shall you serve*

MATTHEW 4:10



BREAD OF LIFE PAN DE VIDA FAMILY OF PARISHES

Sacramental Emergency Line

937.272.4898

Church of the Holy Angels Campus

1322 Brown St, Dayton 45409

937.229.5911 | holyangelschurchdayton.org

Office Hours

Mondays–Fridays 9:00 am–4:00 pm

Holy Angels School

937.229.5959 | holyangelsdayton.org

St. Anthony of Padua Campus

820 Bowen St, Dayton 45410

Office: 1322 Brown St, Dayton 45409

937.253.9132 | stanthonydayton.org

Office Hours

Mondays–Fridays 9:00 am–4:00 pm

St. Mary Campus

310 Allen St, Dayton 45410

937.256.5633 | stmarydayton.org

stmaryparish@stmarydayton.org

Office Hours

Mondays–Fridays 9:00 am–3:00 pm

Subscribe to the e-bulletin

<https://eva.us/bol>

St. Helen Campus

605 Granville Pl, Riverside 45431

937.254.6233 | sthelenparish.org

Office Hours

Mondays–Thursdays 8:00 am–4:00 pm

Fridays 8:00 am–12:00 pm

St. Helen School

937.256.1761 | sainthelenschool.org

Our Lady of the Immaculate

Conception Campus

2300 S. Smithville Rd, Dayton 45420

937.252.9919 | icparishdayton.org

Office Hours

Mondays–Thursdays 8:00 am–4:00 pm

Fridays 8:00 am–12:00 pm

Immaculate Conception School

937.253.8831 | icsdayton.org

FIRST SUNDAY OF LENT

First Sunday in Lent: February 22, 2026

WORSHIP, SACRAMENTS, & PRAYER**Schedule & Mass Intentions**

The services below are in English unless otherwise specified. Refer to the other side of the bulletin for Masses and other services in Spanish. Please note that the priest schedule is tentative and subject to change.

SATURDAY, FEBRUARY 21				
4:30 pm	Mass	IC	Fr. Len Wenke	Mary & Richard Strathearn Anniversary
5:00 pm	Mass (Reconciliation at 4:00 pm)	Holy Angels	Fr. Satish Joseph	George Skuns
SUNDAY, FEBRUARY 22: First Sunday of Lent				
9:00 am	Mass	St. Anthony	Fr. Ted Cassidy	Craig Poppaw
9:00 am	Mass (also livestreamed)	St. Helen	Fr. Satish Joseph	+Ted Evers
9:45 am	Mass (Reconciliation at 9:15 am)	St. Mary	Fr. Tony Geraci	Dwight Kimball, Dain Stall, Paul Stall Jr., Josh Stevens
10:45 am	Mass	Holy Angels	Fr. Len Wenke	+Santina Tarlano
11:00 am	Mass (also livestreamed)	IC	Fr. Satish Joseph	+Josh Middleton
5:00 pm	Mass	IC	Fr. Len Wenke	+Barbara Witt Viti
MONDAY, FEBRUARY 23				
9:00 am	Mass	IC	Fr. Len Wenke	+Florida Catimbang
6:30 pm	Stations of the Cross (Family Friendly)	St. Helen		
TUESDAY, FEBRUARY 24				
9:00 am	Mass	IC	Fr. Satish Joseph	+Dominic Tarlano
7:00 pm	Liturgy of the Hours, Scripture Discussion, & Faith Sharing	St. Anthony		
WEDNESDAY, FEBRUARY 25				
9:00 am	Mass	IC	Fr. Satish Joseph	+Louis Ciambro
6:00 pm	Reconciliation & Adoration	St. Helen		
THURSDAY, FEBRUARY 26				
9:00 am	Mass	IC	Fr. Len Wenke	Paul Tarlano
9:00 am	Mass with School	Holy Angels	Fr. Satish Joseph	
6:00 pm	Reconciliation, Adoration, & Anointing of the Sick (Bilingual)	IC	Fr. Satish Joseph	
6:00 pm	Stations of the Cross (Family Friendly)	Holy Angels		
6:30 pm	Stations of the Cross	St. Anthony		
FRIDAY, FEBRUARY 27				
9:00 am	Mass	IC	Fr. Len Wenke	+Kathy Otoski
SATURDAY, FEBRUARY 28				
9:30 am	Adoration (until 10:30 am)	St. Anthony		
4:30 pm	Mass	IC	Fr. Satish Joseph	+Paul Stein
5:00 pm	Mass (Reconciliation at 4:00 pm)	Holy Angels	Fr. John Klobuka	

WORSHIP, SACRAMENTS, & PRAYER**SUNDAY, MARCH 1: Second Sunday of Lent**

9:00 am	Mass	St. Anthony	Fr. Len Wenke	Michelle Brooks
9:00 am	Mass (also livestreamed)	St. Helen	Fr. Jim Fitz	+Tom Lewandowski
9:45 am	Mass (Reconciliation at 9:15 am)	St. Mary	Fr. Satish Joseph	Ann Doebler
10:45 am	Mass	Holy Angels	Fr. Tony Geraci	Larry Elstun
11:00 am	Mass (also livestreamed)	IC	Fr. Len Wenke	A special intention
5:00 pm	Mass	IC	Fr. Satish Joseph	+Pa Leonard Yuh

Welcome to the Bread of Life Family of Parishes!

- Yepes Garcia Family (IC)
- Flores Family (IC)
- Donnelly Family (IC)
- Garcia Morquecho Family (SM)
- Gutierrez Acosta Family (SM)
- Arce Esparza Family (SM)
- Hess Wheeler Family (SH)

Rest in Peace

Funerals were held recently. Please keep them, their family, & friends in your prayers. May they rest in the eternal embrace of God.

- Deacon Susano Mascorro (SH)
- Richard Eckhardt (SH)

Marriages & Convalidations

Wedding Congratulations to those who were united in Holy Matrimony or had their marriage convalidated recently. We wish them all the happiness in the world as they begin their new life together.

- Caity Walsh & Daniel MacManus (HA)
- Maria Figueroa & Jeremias Salazar (SM)

Stations of the Cross

Thursdays at 6:30 pm at St. Anthony

**Family Friendly Stations of the Cross**

We will have two evenings of Family Friendly Stations of the Cross:

- February 23 at 6:30 pm at St. Helen Church
- February 26 at 6:00 pm at Holy Angels Church. Pizza supper will follow in the Holy Angels School cafeteria. RSVP for the pizza by February 24 at www.tinyurl.com/HASStations2026

Men's Lenten Retreat

Saturday, March 7th

8:00 am–1:00 pm

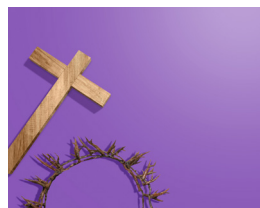
St. Anthony Rectory & Church
(820 Bowen St. Dayton, OH 45410)

RSVP by March 5th to Nate Brinkman at brinkmannate@gmail.com.

Calling all men of the Bread of Life Family of Parishes! This Lent, step away and refocus. Through brotherhood, shared meals, honest conversation, and prayerful discernment, we'll prepare our hearts for Easter and strengthen our walk as Catholic men.

Bring a friend—faith is stronger when lived together.

Scan the QR code to see the flyer.

**Women's Lenten Retreat: Return to Him with Your Whole Heart!**

Saturday, March 14th

8:30 am–12:00 pm

St. Anthony Rectory & Church
(820 Bowen St, Dayton, OH 45410)

Register at <https://bit.ly/ReturntoHim> or by using the QR code.

Speaker: Sr. Mary Dominic OP, Dominican Sisters of Mary Mother of the Eucharist

Registration and refreshments in the rectory at 8:30 am. Talks begin at 9:00 am in the church followed by Eucharistic Exposition and Confession.

Questions? Email Terri Eifert at tdieckhoff@charter.net.



FAITH FORMATION

Lenten Discipleship Challenge

Week One: February 22-28

Once more we are graced with reflections composed by fellow members of our Pan de Vida/ Bread of Life Family. Readings reflected upon are the ones prescribed by the Church for the first full week of Lent. Hunger is front and center in this week's readings: "Jesus fasted for 40 days and 40 nights... and afterwards he was hungry (Matthew 4:1-11)." Leviticus (19:2,15) bids us to hunger for justice. Matthew's version of the LORD'S Prayer (6:12,14-15) bids us hunger to forgive and hunger to be forgiven. The same Gospel (7:7-11) bids us hunger for the very summation of the law and the prophets: "treating others as we wish to be treated." Both Ezekiel and Jesus reiterate this, to hunger is to "live generously and graciously towards others, as the LORD does towards us" (Matthew 5:48). It is in this spirit that we as a Parish Family approach the first full week of Lent. First Sunday of Lent, February 22, Genesis 2:7-9, 3:1-7; Romans 5:12-19; Matthew 4:1-11 In his correspondence to the Church at Rome, Paul says, "Through one man sin entered the world, and through sin, death" (Romans 5:12). Today's first reading from Genesis recounts a story of how sin and death entered the world. But Jesus undid the damage done when he entered the desert and overcame the same temptations to which the first man succumbed. Is there one sin in your life that saddens you the most? Like Jesus, let Lent be your desert. With God's grace make consistent choices to overcome this sin and win victory over sin.

Monday, February 23: Leviticus 19:1-2, 11-18; Matthew 25:31-46

Today the LORD tells Moses, "Be holy, for I the LORD your God am holy." (Leviticus 19:1-2, 11-18). In Leviticus, holiness is not something abstract, but is lived out in love of neighbor — especially when it is difficult. Jesus echoes this (Matthew 25), where the final judgment hinges not on words or intentions, but on concrete acts of mercy toward "the least." Holiness and mercy are inseparable. When we welcome the stranger, or show patience instead of resentment, we are choosing holiness in the ordinary. Today, hunger to perform one quiet act of mercy—reach out to someone who is overlooked, offer forgiveness where there is tension, or help someone in need without expecting recognition—and pray to recognize Christ in that encounter for what you do for them you do for him.

Tuesday, February 24: Isaiah 55:10-11; Mark 6:7-15

As we begin Lent, we hear how the Prophet Isaiah describes the effectiveness of God's word. He links it to the very basics of life, eating. We understand physical hunger. We long for food and God provides through the rain, snow, and seed. Likewise, we have a spiritual hunger for the word of God. The Father sent the Son, Jesus, who is the Word Made Flesh, to do his will. In today's Gospel, Jesus teaches us to be direct in our prayers to satisfy our spiritual hunger and take an active part by forgiving others. Thus, we can participate in God's will. This Lent, let us satisfy our spiritual hunger for God's word through active prayer.

Wednesday, February 25: Jonah 3:1-10; Matthew 23:1-12

Today we find Jonah no longer in the belly of the big fish as his obedience is tested. The last thing he wanted was to assist Nineveh, capital of dreaded Assyria and hated by all the nations of the near east. The message from God is dramatic, "Forty days more and Nineveh will be destroyed (Jonah 3:4)!" To Jonah's displeasure, the Ninevites' response was immediate and profound, "they proclaimed a fast and all of them, great and small, put on sackcloth" (Jonah 3:5). In Luke today Jesus tells us, "Just as Jonah became a sign to the Ninevites, so will the Son of Man be to this generation" (Luke 11:30). It is early in Lent, so like the Ninevites don't procrastinate. Pray for God's mercy today, tomorrow, and throughout these forty days.

Thursday, February 26: Esther C: 12, 14-16, 23-26; Matthew 7:7-12

Queen Esther stands before us in today's first reading in profound anguish. The very survival and dignity of her people hang in the balance. Longing for protection, justice, and restoration, she turns to prayer: "Save us from the hand of our enemies; turn our mourning into gladness and our sorrows into wholeness" (Esther C:14). Her anguish is not unlike countless brothers and sisters who

FAITH FORMATION

still endure persecution, poverty, and discrimination. Today, intentionally place before the LORD one person or community who is suffering. Ask boldly, seek persistently, and knock trustingly—then listen for how God is inviting you to become an instrument of hope for someone.

Friday, February 27: Ezekiel 18:21-28; Matthew 5:20-25

Righteousness and reconciliation. Virtue and evil. We hear the contrast of good versus wicked in the readings for today. Jesus tells his disciples to not follow the example of the scribes and Pharisees (Matthew 5:20). We have to go the extra step. Yes, the commandment “You shall not kill” still stands, but our attitude toward others is the underlying concern. We are to reconcile with each other before we seek God’s forgiveness. We are to reach out to our brothers and sisters that we have wronged and make things right. Before we bring our gift of ourselves to God this Easter, we should settle with each other this Lent, on the way to court (Matthew 5:25).

Saturday, February 28: Deuteronomy 26:16-19; Matthew 5:43-48

While specific readings on the “hunger” theme (like Isaiah 58, which highlights “sharing bread with the hungry”) occurred earlier this week, today’s scripture focuses on hunger for righteousness. The psalmist sings of seeking God “with all my heart” and desiring to obey the commandments: “O that my ways may be directed to keep your righteousness” (Psalm 119:4-5). This represents a spiritual hunger, to be in right-relationship with the LORD. In Matthew 5 (hunger for perfection), Jesus challenges listeners to go beyond the superficial to love their enemies, aiming for the “perfection” of the Father (Matthew 5:38). Do you recognize the call to “hunger and thirst for righteousness,” (Matthew 5:6) from the Beatitudes, often associated with this Lenten mindset?

FAITH FORMATION

PSR Presentation: Catholic Parenting

The Holy Angels/St.

Anthony Parish School of

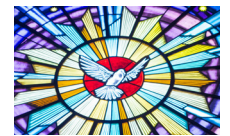
Religion is welcoming Kevin Prendergast LPCC-S on March 8 from 9:00-10:30am in the Holy Angels School cafeteria. The speaker will be speaking and presenting about Catholic parenting tips (how to approach sensitive topics and resources for mental health) to parents of the Parish School of Religion family faith formation program. All adults from the parish family who are interested are also welcome to attend.

Please RSVP to Katy Dalrymple at kdalrymple@holyangelsdayton.org if interested in attending one of these presentations.



Confirmation Service Project Day

There will be a Confirmation Service Project Day open to all Confirmation students in our family of parishes on Saturday, February 28, from 9:00–11:30 am at the Holy Angels School gym. In the spirit of Matthew 25:35-40, we will be conducting a clothing and canned food drive and making Easter cards for those in prison. Please contact Katy Dalrymple at kdalrymple@holyangelsdayton.org to register your Confirmation student.



Confirmation Retreat

Holy Angels

There will be a retreat for all Confirmation students attending Holy Angels School and the Holy Angels PSR program on March 18 from 8-2 during the school day at Holy Angels School. Please contact Katy Dalrymple at kdalrymple@holyangelsdayton.org with questions.

LOVE IN ACTION

Requesting Donations

St. Mary St. Vincent de Paul Food Pantry located at 310 Allen Street in Dayton is requesting donations of adult winter hats, gloves, scarves, and socks. The weather has been very brutal this season and there are so many people that come to our food pantry needing these items. We greatly appreciate all that you can do for the hungry and the poor. Collection boxes will be located at the front and side entrances at St. Mary Church.



LOVE IN ACTION

Confirmation Student Service Project



FOOD & CLOTHING DRIVE

**SATURDAY,
FEBRUARY 28**


ITEMS NEEDED

- Non-perishable food items
- New or slightly used clothing


DROP-OFF LOCATION

Holy Angels School Gym
Drop off from 9:30-11:00 AM

All donations benefit St. Vincent de Paul.

Praying at the Butler County Detention Center

Archbishop Casey has invited groups from our archdiocese to pray at the Butler County Detention Center as a sign of our solidarity with the immigrants who are being detained at this facility. We would like to invite others to join our Bread of Life Family of Parishes Social Justice ministry to join us at a prayer event on Saturday March 7th. We will meet all participants in the south parking lot at Immaculate Conception Parish at 9:30 am, and then carpool down to the detention center. We will spend about 45 minutes in prayer and song outside the detention center and then travel back and arrive at the Immaculate Conception parking area around 12:30 pm. Please be mindful that we will be standing outdoors, so come dressed and prepared for the occasion. Because this is not a protest but a prayerful act of concern and compassion, we ask that no one bring any signs. To RSVP and for more information, email bolcsjdayton@gmail.com.



NEWS & OPPORTUNITIES



Collection for the Churches in Central & Eastern Europe & Africa

Thank you for your generous contributions to the Collections for the Church in Eastern Europe and the Church in Africa. If you missed the collection, it's not too late to give. Visit www.usccb.org/ccee and www.usccb.org/africa.

Lunch Bunch Ladies! Immaculate Conception



Monday Feb. 23, 12:30 pm, Olive Garden (Fairfield)

Join us for our next lunch! This group is open to all ladies. No need to RSVP, just come! Questions? Contact Shirley at 937.344.1845.

PTO Fundraiser at Milanos Holy Angels



Come support Holy Angels School PTO in their Takeover at Milanos (1834 Brown St, Dayton, OH 45409) on Thursday, March 5 from 11:00 am-1:00 pm. For more information, go to holyangelschurchdayton.org/bulletin or scan the QR code. Thank you for your support!



Fellowship After Mass: March 1

Come join us for food and fellowship after Mass!

- **St. Anthony:** Rectory after the 9:00 am Mass
- **Holy Angels:** School cafeteria after the 10:45 am Mass
- **St. Helen:** Donut Sunday is March 1st at St Helen! Please join us in the Smith Building for food and fellowship after Mass. There will be gluten free donuts and a cheese and cracker tray as well.
- **St. Mary:** Please come join us for our monthly Coffee & Donut gathering after the 9:45 am Mass at the St. Mary Center. If you would like to sponsor an upcoming Donut Sunday, contact Brian Burcham at 937.256.5633 or bburcham@stmarydayton.org.



St. Ann Society

St. Mary

Attention, ladies of St. Mary's! Looking for opportunities to meet other women of the parish? Interested in helping to decorate or set up the altar? How about getting involved with some fun volunteer or fundraising projects for St. Mary? Then come join our St. Ann Society! We welcome all English and Hispanic ladies of the parish. We're just getting started for this year and have lots of plans. Our meetings are on the second Tuesday of the month at 6:30 pm. Our next meeting is on **Tuesday, March 10th, 6:30 pm at the St. Mary Parish Center**. Hope to see you there. If you have any questions, many of our ladies will be available after our 9:45 am Sunday Mass.



STAFF**Clergy**

Fr. Satish Joseph, Pastor
satishjoseph@icparishdayton.org
937.252.9919 ext. 206

**Fr. Len Wenke,
Parochial Vicar**
fr.len.wenke@gmail.com
937.253.9132 ext. 8

**Fr. Jose Benitez,
Parochial Vicar**
josebenitez@icparishdayton.org
Deacon Jon Danner
Deacon Mike Montgomery
Deacon Carlos Soto

St. Anthony: 937.253.9132

Holy Angels: 937.229.5911

Denise Young, Parish Manager
dyoung@stanthonydayton.org

Sue Jenkins, Administrative Assistant
sjenkins@stanthonydayton.org

Amy Gray, Music Minister & Liturgy
agrays@holyangelsdayton.org

Katy Dalrymple, Family Faith Formation Coordinator
kdalrymple@holyangelsdayton.org

Laurie Chappars, Sacramental Records
lchappars@holyangelsdayton.org

St. Mary: 937.256.5633

Brian Burcham, Parish and Facilities Manager
bburcham@stmarydayton.org

Anita Wagner, Administrative Assistant
awagner@stmarydayton.org

Leticia Castillo, Hispanic Ministry
mlcastillo@stmarydayton.org

Jeff Hecht, Music Minister

Will Marsh, Liturgy
willmarsh@icparishdayton.org

Becoming Catholic (OCIA)

Will Marsh: willmarsh@icparishdayton.org

Communication/Bulletin Announcements

Sr. Emily Sandoval FMI, Communication Coordinator
emilysandoval@icparishdayton.org

Please submit bulletin announcements at least 3 weeks prior to the publication date.

St. Helen: 937.254.6233

Mel McWilliams, Parish Manager
extension 302, mel.mcwilliams@sthelenparish.org

**Deb Danner, Coordinator for Religious Education
& Pastoral Associate for Liturgy**
extension 306, deb.danner@sthelenparish.org

Jodi Nix, Music Minister
music.ministry@sthelenparish.org

Linda Dillon, Office Assistant
office@sthelenparish.org

Gayle Hirsch, Finance Manager
extension 304, gayle.hirsch@sthelenparish.org

Chris Stemley, Facilities Manager
extension 103, cstemley@sainthelenschool.org

Immaculate Conception: 937.252.9919

Deb Bauer, Parish Manager
ext. 204, debbauer@icparishdayton.org

Martha Lombard, Administrative Assistant
ext. 202, martha.lombard@icparishdayton.org

Will Marsh, Liturgy & Family Evangelization
ext. 208, willmarsh@icparishdayton.org

Rachael Griggs, Faith Formation
ext. 209, rachaelgriggs@icparishdayton.org

Madeleine Demetriades, Music Minister
ext. 210, madeleinedemetriades@icparishdayton.org

Sonia Trejo, Hispanic Ministry
ext. 205, soniatrejovalerio@icparishdayton.org

Mary Alice Ordonez, Hispanic Ministry
ext. 219, maryaliceordonez@icparishdayton.org

Heidi Acuña, Hispanic Ministry
ext. 205, heidiacuna@icparishdayton.org

Schools

Alana Campion, Principal of Holy Angels School
acampion@holyangelsdayton.org

**Christine Walters, Principal of St. Helen School &
Immaculate Conception School**
cwalters@sainthelenschool.org or
cwalters@icsdayton.org

STEWARDSHIP

With heartfelt thanks, Stewardship of Treasure

Holy Angels

January 2026: \$29,860.75

St. Anthony

January 2026: \$17,654.00

St. Helen

December 2025: \$59,043.28

St. Mary

December 2025: \$53,527.00

Immaculate Conception

January 2026: \$51,064.75

Online Donations

St. Helen: ParishSoft

To donate online, go to <https://giving.parishsoft.com/App/Giving/FD-790>. If you had a FaithDirect account, use the same credentials.

Immaculate Conception: ParishSoft

To donate online, go to <https://giving.parishsoft.com/App/Giving/FD-796>. If you had a FaithDirect account, use the same credentials.

Holy Angels, St. Anthony, & St. Mary: WeShare Giving

Your financial support is needed!

- St. Anthony: Go to, stanthonydayton.org: Online Giving tab (located on the right of the home page).
- Holy Angels: Go to holyangelschurchdayton.org click on the GIVE tab and then click Sunday collection tab.
- St. Mary's: Go to stmarydayton.org and click on the WeShare icon on the home page.

Donation Envelope Exchange Policy

If you are a member of another parish & attend Mass here, we have an envelope exchange agreement. If you drop your donation envelope in the collection basket, we will see that your home parish receives your donation.

Wild Birds Unlimited
Nature Shop

wbu.com/huberheights | 937-813-3035
wbu.com/kettering | 937-299-1102

Jeanette & Dennis McDaniel - Owners/Parishioners

GREATER DAYTON
MOVING & STORAGE

3516 Wright Way Rd., Ste. 2, Dayton, OH 45424

937-235-0011
greaterdaytonmoving.com

Blind Bob's
Casual American pub that features quality spirits, awesome food, and amazing performances by local and touring musicians!

430 E. 5th St., Dayton
Oregon District
BlindBobs.com - 937-938-6405

STM

ST. MARK BOOKSHOP, INC.
895 SOUTH MAIN STREET
CENTERVILLE, OH 45458

MONDAY — SATURDAY
10:00AM — 3:00PM
CLOSED ON SUNDAY
AFTER HOUR
APPOINTMENTS AVAILABLE

937.439.0227
STMARKBOOKSHOP@GMAIL.COM
STMARKBOOKSHOP.COM
A NON-PROFIT 501 C (3) CORPORATION

Painting • Cleaning • Pressure Washing
Lawn Care • General Maintenance

POTTERS

We do excellent work at reasonable rates!
Attendees of the Parish
Dan & Ann Potter
937-242-2603 or 937-242-2933
annpotter10@yahoo.com

Gantt & Blaine Law
Attorney
227-3554

Compliments of
Mayor Pete Williams

DAHM BROTHERS
COMPANY INC.
SINCE 1926

ROOFING • CONTINUOUS SPOUTING
CALL FOR FREE ESTIMATE: 937-461-5627
743 VALLEY STREET

Bonbright Distributors
1 Arena Park Drive, Dayton, OH
www.bonbright.com

"Dayton's Only Locally Owned Beer
Distributor Since 1934"

937-222-1001

BONBRIGHT
DISTRIBUTORS

SLYDER'S TAVERN
EST. 1940

A Belmont Tradition
Since 1948

Parishioner
836 Watervliet Ave. 258-1222

(937) 912-9252 (937) 912-9252

CUSACK
LAW OFFICE LLC

WILLS TRUSTS ESTATES PROBATE
WRONGFUL DEATH

1195D Meadow Bridge Drive in Beavercreek
(behind Kroger)
www.cusacklawoffice.com

Get this bulletin emailed to you every week.

Simply go to
www.DM.CHURCH/2699 ...or scan

DISCOVERMASS

EWTN.COM/RADIO

EWTN
Global Catholic Radio

TUNE IN

BUCK RUN
COMMERCIAL DOORS & HARDWARE

937.223.3667 • buck-run.com
500 South Ludlow St., Dayton, Ohio 45402

KFC/Long Johns
2480 N. Fairfield Rd.
Beavercreek, OH 45431
(937) 429-4041

KFC
4458 Clio Rd.
Bellbrook, OH 45459
(937) 848-2635

KFC...We Cater!
Don & Joan Bowling - Owners & Parishioners

THOMA
AUTO BODY

SINCE 1938
Over 100 Years of Combined Experience.
937-253-9154
www.thomabodyshop.com

<p>Remember to change your furnace filter for a healthy home, visit us at: DAYTON RELIABLE AIR FILTER 2294 N. Moraine Dr., Dayton, OH 45439 www.reliablefilter.com 937-293-4611</p>	<p>Chaminade Julienne CATHOLIC HIGH SCHOOL YOURS TO EXPLORE</p>	<p>CHESTERTON ACADEMY OF ST. JOSEPH A Joyfully Catholic, Classical High School casjdayton.org 937.609.5318 info@casjdayton.org <i>Discover CASJ, where the Incarnation is the central mystery we explore across the entire curriculum.</i></p>	<p>BRRR...time to have your furnace checked? SEITER Services Heating Air Electrical Plumbing Water Conditioning 937-372-6262 www.seiterservices.com Parishioner</p>
<p>OAKWOOD LAWN & LANDSCAPING DESIGN • INSTALLATION • MAINTENANCE Commercial & Residential 3151 SUNNYCREST LANE FREE ESTIMATES 293-9693</p>	<p>DAYTON'S #1 PIZZA Marion's PIAZZA 711 SHROYER RD.</p>	<p>Environmental Doctor Healthy Indoor Environment (937) 433-5202 (513) 361-0015 • Indoor Air Quality Concerns • Air Systems (Duct) Cleaning • Mold Testing & Remediation • Radon Testing & Mitigation • Vapor Intrusion Mitigation • Waterproofing www.envirodoc.com Brenden and Margie Gitzinger, parishioners</p>	<p>catholicmatch Ohio CatholicMatch.com/goOH</p>
<p>Dignity LIFE WELL CELEBRATED™ Tobias FUNERAL HOME • Preplanning • Belmont Chapel 252-3122 Beavercreek Chapel 427-1361 dignitymemorial.com/funeral-homes/tobias</p>	<p>St. Mary Holy Name Society Meetings 2nd Wed. @ 7:00 PM Work Night, Mondays @ 7:00 PM Check bulletin for updates</p>	<p>Consider Remembering Your Parish in Your Will For further information, please call the parish office.</p>	<p>SACRED HEART CATHOLIC RADIO 740AM + 910AM The WAY to grow in your Catholic faith EVERY DAY! Listen on the APP!</p>
<p>WOODYARD ELECTRIC 4939 St. Rt. 503 N. Lewisburg, OH 45338 937-962-2855</p>	<p>St. Mary Holy Name Society Meetings 2nd Wed. @ 7:00 PM Work Night, Mondays @ 7:00 PM Check bulletin for updates</p>		<p>SACRED HEART CATHOLIC RADIO 740AM + 910AM The WAY to grow in your Catholic faith EVERY DAY! Listen on the APP!</p>
<p>John Gazzo DDS Myrna Gazzo Family and Cosmetic Dentistry Associate Partner MRP, AHDW, PSA 2545 Far Hills Avenue Oakwood, OH 45419 (937) 294-6476 Realtor (937) 212-8140 SPEAR, ADA, COLDWELL BANKER HERITAGE</p>	<p>Consider Remembering Your Parish in Your Will For further information, please call the parish office.</p>		<p>SACRED HEART CATHOLIC RADIO 740AM + 910AM The WAY to grow in your Catholic faith EVERY DAY! Listen on the APP!</p>

Church Bulletin Advertising

Scott Franz, representing our Bulletin Publisher, Diocesan, is currently seeking new advertisements. Support our parish while you promote your business in print and digitally through social media. If interested, please contact Scott directly or call the parish office. Only a third down payment is required to reserve an ad.

Contact

Scott Franz
sfranz@diocesan.com
614-915-4118



DIOCESAN
 Catholic Life Every Day

Thanks to you and Diocesan, the bulletin is published weekly at no cost to the parish!

FERNEDING INSURANCE
294-1755



John Ferneding Dan Ferneding
Call for a quote!

DELIVERING VALUE + QUALITY IS OUR FAMILY TRADITION



We're proud to be the Miami Valley's choice for home appliances and service since 1905.

- Home Appliances
- Heating + Air Conditioning
- Sales + Service

Like us on Facebook
Call 937-853-8987, or visit LoganMasterAppliance.com or stop by our Kettering showroom at 2205 S. Smithville Road.

Residential + Commercial



CELEBRATING OVER 95 YEARS
ROOF REPAIR + REPLACEMENT
937-298-8664 enterpriserfg.com



Steven BRACKMAN
Heating and Cooling 371-5259

PROUD TO INSTALL **TEMPSTAR**
Heating and Cooling Products

Ohio License # 23557

Best meats in town **DOT'S** Old-fashioned butchers since 1951

Kettering 937-253-6169
Bellbrook 937-848-6751
Centerville 937-495-5657
Shop us online at www.dotsmarket.com
Same day home delivery service (call 253-0263)

HOUSER
ASPHALT AND CONCRETE
223-9207

Dayton DOOR SALES

GARAGE DOORS • OPENERS • GARAGE DOOR SERVICE

ENTRY DOORS • PATIO DOORS • STORM DOORS

1112 SPRINGFIELD STREET | 937-253-9181
www.DaytonDoorSales.com

STIFEL Independent Advisors
Helping you pursue your financial goals.

Dennis Brun, AAMS™, AWMA™, CRPC™
Independent Financial Advisor

John Woeste
Independent Financial Advisor
(937) 293-1220

www.woestendbrunfinancialadvisors.com
Stifel Independent Advisors, LLC | Member SIPC & FINRA
A subsidiary of Stifel Financial Corp.
Home Office: 501 North Broadway, St. Louis, Missouri 63102 | (314) 342-4051



Walnut Creek
SENIOR LIVING CAMPUS

- Skilled Nursing Center
- Elegant Assisted Living
- Independent Living Community
- Memory Care
- Rehabilitation
- Weekly Mass

Lamme Rd. at Keystone Club Dr., Kettering
937-293-7703

E. H. NOONAN INC.


HEATING & AIR CONDITIONING INSTALLATION
24 HOUR EMERGENCY HEATING SERVICE

1853 Wayne Ave. OH Lic. # 15225 **256-1661**

Elsa's Restaurants
Centerville • Dayton • Kettering
Open 7 Days • Lunch & Dinner


This Ad Is In Memory Of & In Gratitude To My Parents,
Francis & Frances Hemmert

Owned & Operated By William Hemmert Family



Roberson Law
A Legal Professional Association

Estate Planning • Trusts • Elder Law • Probate Law
937.643.2000
1225 E. David Rd. • Kettering, 45429
www.robersonlawdayton.com



belmont catering
"Be A Guest At Your Own Party"

- Weddings
- Corporate Functions
- Cocktail Parties
- Barbecues
- Banquets
- Box Lunches
- Showers
- Reunions

Catered Wedding Receptions to be Remembered!

730 Watervliet Ave., Dayton
937-253-2197
www.belmontcatering.com

Knollwood
Garden Center & Landscaping

www.knollwoodgardens.com
(937) 426-0861

3766 Dayton-Xenia Rd. Beaver Creek

We're Gardeners, Just Like You!

Growing beauty in the community for over 50 years



FRIDAY - ALL THE FISH YOU CAN EAT

Hasty Tasty
Hours: 5am-10pm Every Day

PANCAKE HOUSE

BREAKFAST SPECIAL CARRYOUT AVAILABLE DAILY SPECIALS

3509 LINDEN AVE.
254-8431

MTC
MACKINTOSH TOOL CO., INC.
937-885-8840

IN LOVING MEMORY OF
Sr. Denise Maher

Bean & Davis General Dentistry
Theresa Bean Davis, D.D.S.

307 East Stroop Road • Kettering, OH 45429
Tel (937) 299-6766 • Fax (937) 299-3326
www.stroopsmiles.com
Dental Care For the Whole Family



AMERICAN PAINTERS

- Parishioners -
(937)286-5375
www.myamericanpainters.com



TECHMETALS
ENGINEERED METAL FINISHING & PERFORMANCE COATINGS

AEROSPACE, DEFENSE, MEDICAL, SPACE

Techmetals is looking for dedicated and hard working team members to join our team. Techmetals offers: **Competitive pay, benefits, 401K, profit sharing, training, education reimbursement,** and more.

Apply online by scanning the QR code:



DEMER AND SONS, LLC
OH LIC. #49642

Heating • Air Conditioning • Geothermal
Sales • Service • Installation
www.detmersons.com 937-879-2373

Burke Orthodontics

BRACES & INVISALIGN
Centerville & Huber Hts.
937-630-3280
www.burke-ortho.com



937-424-1784
JIMMIE'S LADDER 11
936 Brown St, Dayton OH
Now Serving Sunday Branch!

www.jladder11.com

Village Discount Outlet
3880 Linden Ave., Dayton, OH 45432 (In Eastown shopping center)
villagediscount.com

BRAND NAMES FOR LESS!
Daily Sales

Monday: 2 COLOR TAGS 1/2 PRICE, one of these select color tags \$2.00 on items \$15.00 and under. (Excludes barcoded items.)
Tuesday: 2 COLOR TAGS 1/2 PRICE, one of these select color tags \$1.50 on items \$15.00 and under. 25% Military & First Responders discount. (Excludes barcoded items and Boutique items.)
Wednesday: 2 COLOR TAGS 1/2 PRICE, one of these select color tags \$1.00 on items \$15.00 and under. (Excludes barcoded items.)
Thursday: A NEW SELECT COLOR becomes 1/2 price. 25% Senior discount & College Student discount. (Excludes barcoded items and Boutique items.)
Friday: 2 COLOR TAGS 1/2 PRICE. Manager sale on select items. (Excludes barcoded items.)
Saturday: 2 COLOR TAGS 1/2 PRICE. (Excludes barcoded items.)
Sunday: 2 COLOR TAGS 1/2 PRICE. Family Day. Manager sale on select items. (Excludes barcoded items.)

Looking for unbeatable deals on your favorite mall brands without breaking the bank? Look no further than Village Discount Outlet - Ohio's ultimate thrift shopping destination!

Ohio's Best Thrift Store

ROCKY TRAILS
Power Washing

RESIDENTIAL & COMMERCIAL
Houses - Driveways - Decks & more

CALL FOR A FREE ESTIMATE
937-269-5769
Elizabeth & Jack Curp Jr.
Parishioner/Veteran and Family Owned

Website: rocky-trails.com
Email: rockytrailspowerwashing@gmail.com

WEBER'S

For Over 55 Years
Excellence in Automotive Services
252-0351
545 Linden • Parishioner

ADVERTISE HERE

Promote your Business AND support your Parish.
Shawn Castellanos ~ 614-753-8486
scastellanos@diocesan.com

BROADWAY
FAMILY MEDICINE, INC.

Rose Saluke Ebel, D.O.
(513) 932-1936
1470 North Broadway St., Ste. 100
Lebanon, OH 45036
www.broadway1936.com



The Businesses listed above make this bulletin possible.
Please support them when you can.

Sign up to get our bulletin in your email each week. Go to DiscoverMass.com/subscribe



Lent 2026: An Orientation



LENT has deep biblical foundations. The primary inspiration for Lent is the forty days Jesus spent in the desert fasting, praying, and overcoming mortal temptations by the Devil (Matthew 4: 1–11). The number forty is significant for other reasons. Moses spent forty days on Mount Sinai when he received the Ten Commandments (Exodus 24:18). The great prophet Elijah journeyed forty days to Horeb to seek the Lord’s guidance as he fled from Jezebel (1 Kings 19:8). And even though it is a much longer period of time, the Israelites spent forty years in the wilderness en route to the Promised Land.

Now, we stand on the threshold of the forty days of Lent 2026. The primary call of Lent is to conversion, renewal, and rebirth brought about by a reorientation of the self. It comes from the realization that humankind is moving in the wrong direction; that human heart is not in the right place; and that the only remedy is a total reorientation away from the self toward God and others. This goal is not accomplished merely by feeble desires and superficial piety. Rather, it is accomplished through deep rooted conversion that profoundly throws open one’s life to God’s mercy and grace.

There are many perspectives from which to approach Lent. For example, “Rend your heart and not your garments” (Joel 2:13) is one approach. The most fundamental and highly effective way to navigate Lent is given to us by Jesus himself – prayer, fasting, and almsgiving. His teaching regarding these is found in Matthew 6: 1-18.

Whereas prayer or fasting or almsgiving on its own is a powerful discipline, practiced together they accomplish something far greater. When integrated into daily life together for forty days and beyond, prayer, fasting, and almsgiving have the power to radically reorient our mind, heart, and life away from the self and toward God and neighbor. Prayer, fasting, and almsgiving together bring about the conversion, renewal, and rebirth we seek.

The Power of Prayer

Jesus’ focus in his teaching on prayer was on authenticity in human relationship with God. “Babbling” and using many words do nothing to impress God. Rather, Jesus invites his disciples to “go to your inner room” (Matthew 6: 6). The inner room here is not a reference to a physical room. “Your inner room” is a reference to the depth of the human soul. It is a reference to a deep and intimate relationship with God. Jesus did this during his forty days in the desert. In the desert he entered his “inner room” where he was face-to-face with God in prayer.

This Lent, like Jesus, let each day find you in “your inner room.” There, in silence and solitude, orient yourself to God in the deepest and most intimate way. It is in “your inner room” that prayer moves from being a practice to becoming an irreplaceable relationship. This kind of prayer brings about a deep bond with God and nurtures an even deeper intimacy with God.

Reorientation through Fasting

As with prayer, fasting goes deeper than its actual practice. Often, at the center of our self we find ourselves. Our relationship with ourselves can be healthy, but it can also range from self-obsession to narcissism. Jesus addressed this in his teaching on fasting. In his days, some people had made spiritual practices a way to draw attention to the self. Rather, “When you fast,” Jesus said, “do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting” (Matthew 6: 16). When fasting becomes a way to make the self the center, it loses its power as a spiritual discipline.

Jesus' forty days of fasting in the desert accompanied with prayer oriented him away from himself. He overcame the temptations to turn stone into bread, to test God, and to amass power and glory (Matthew 4: 1-11). It helped him to orient himself radically toward total devotion to God and to the task of human redemption.

For us too, Lenten fasting is an effective way to move away from a destructive focus on the self and to orient ourselves toward God and neighbor. Since food and drink are the most basic needs of the human self, fasting and abstinence become a powerful way to overcome the temptation to constant self-gratification. Rather, the denial of a very basic need becomes a means to gain control over all of life's temptations. When fasting is accompanied with genuine prayer, it orients the soul toward God in a most profound way.

Restorative Almsgiving

The re-orientation of the self in Jesus' teaching is not only toward God, but also toward the neighbor. Surprisingly, in his time even almsgiving had become an exercise in self-promotion (Matthew 6: 2). This is not uncommon even today. Many people give alms to deal with their guilt, or to feel good about themselves, or even to gain the good graces of God.

True almsgiving comes from understanding the dignity of the human person. Every human person is created in God's own image and likeness. Many of our brothers and sisters are denied the dignity that is due to them. Genuine almsgiving is reaching out to those in need for their sake and not ours. It is fulfilling the needs of others and restoring their dignity and respect.

During his time in the desert, Jesus not only oriented himself toward God but also to the cause of human redemption. The God-given dignity surrendered by our first parents in the Garden of Eden was reclaimed by Jesus in the desert. Jesus did not merely give alms to do this. He gave his life to restore dignity to humankind.

It is Jesus' self-giving that is the motivation and model for our Lenten almsgiving. Whereas our fasting reorients us away from self-gratification, our almsgiving orients us toward the needs of our neighbor. In doing so, we don't just satisfy some fundamental insufficiency in us but reach out in genuine love for our neighbor. This kind of almsgiving takes more than giving a few coins. It involves some form of self-giving.

The call of Lent goes beyond lent. The goal of Lent is not that after forty days we revert back to the lifestyle we left behind. Rather, Lent orients us to a lifelong selflessness that keeps us intimately connected to God and makes our spirituality life-giving for others. This indeed is the meaning of conversion, renewal and rebirth.

—Fr. Satish Joseph